Principal’s Message

We are in the middle week of term and the students have happily settled into routine.

Zone Swimming Carnival—Mrs Bevitt is attending the Zone Swimming Carnival this morning with the Lower Manning team. Good luck to Natalia, Merrick, Tannor, Marcus and Jamie.

Sun Safe School—Students have been reminded of the No Hat No Play rule. We are a Sun Safe School.

Teachers Goals—Teachers are setting their own goals for the year around their professional learning to improve their teaching and therefore your children’s learning.

P&C Meeting—The next P&C meeting is on Monday 7th March and is the annual general meeting followed by a regular meeting. Of course everyone is welcome and $1 will allow you membership to vote for the following year.

P&C Raffle—Don’t forget to send in Easter raffle tickets that have been sold. More ticket books are available from the office if required.

School Contributions—Contributions this year remain at $30 per child. The amount has been constant for several years now. The money is used for providing your child with materials to support their learning program.
Awards—Tom, Ben, Shiarna, Jye, Jaiden.

Community News

We provide this section as a community service. These events are not sanctioned by the school.

OLD BAR BEACH JUNIOR PIRATES RUGBY LEAGUE U6’S – U16’S

2016 Teams must be finalised by March, if you are interested in playing for the mighty Old Bar Pirates please call;

Deborah Dodd - 0419 610 627 or visit the Sporting Pulse Website or Facebook Group

“Old Bar Beach Junior Pirates RLFC”

Good for Kids good for life

PACKING A HEALTHY LUNCHBOX

Many products marketed as being a healthy lunchbox addition can be high in sugar and fat, and low in nutrients. Here are some healthy options to consider swapping in your child’s lunchbox:

- An apple or banana instead of a fruit roll-up.
- Swap chips for unsalted air-popped popcorn.
- Include low-fat plain milk instead of drinks high in sugar such as sports drinks and fruit drinks with less than 99% juice.
- Swap sugary snacks, such as cake or biscuits, for a low-fat plain/fruit-based yoghurt.
- Use wholemeal or multi-grain bread instead of white bread for sandwiches.

PHOTO 4924 6491